



RULES AND REGULATIONS

Game : Taekwondo (Girls & Boys)

1. The competition will be held as per the Rules & Regulations of the Taekwondo Federation of India, with modification wherever applicable.
2. The competition will be held at Cluster/Zonal & National level in the age group i.e. U-14, U-17 & U-19 years separately in Boys and Girls category.
3. At Cluster level, **one player** from each school can participate in each weight category, separately in Girls' & Boys' group.
4. From each Cluster/Zonal, in each weight category, separately in Girls' & Boys' group, first and second position winning player shall qualify to participate in the Nationals.
5. Schools organizing the championship must arrange and provide the Chest guard & Head gear to the participants.
6. Participants must wear own WTF approved Groin guard; Forearm guard & Shin guard.
7. The competition shall be conducted in the following age & weight categories:

Under 14		Under 17		Under 19	
Boys	Girls	Boys	Girls	Boys	Girls
Below 18 Kg	Below 16 Kg	Below 35 Kg	Below 32 Kg	41-45 Kg	Below 40 Kg
18-21 Kg	16-18 Kg	35-38 Kg	32-35 Kg	45-48 Kg	40-42 Kg
21-23 Kg	18-20 Kg	38-41 Kg	35-38 Kg	48-51 Kg	42-44 Kg
23-25 Kg	20-22 Kg	41-45 Kg	38-42 Kg	51-55 Kg	44-46 Kg
25-27 Kg	22-24 Kg	45-48 Kg	42-44 Kg	55-59 Kg	46-49 Kg
27-29 Kg	24-26 Kg	48-51 Kg	44-46 Kg	59-63 Kg	49-52 Kg
29-32 Kg	26-29 Kg	51-55 Kg	46-49 Kg	63-68 Kg	52-55 Kg
32-35 Kg	29-32 Kg	55-59 Kg	49-52 Kg	68-73 Kg	55-59 Kg
35-38 Kg	32-35 Kg	59-63 Kg	52-55 Kg	73-78 Kg	59-63 Kg
38-41 Kg	35-38 Kg	63-68 Kg	55-59 Kg	Above 78 Kg	63-68 Kg
Above 41 Kg	Above 38 Kg	68-73 Kg	59-63 Kg		Above 68 Kg
		73-78 Kg	63-68 Kg		
		Above 78 Kg	Above 68 Kg		

8. No player shall be below 12 years so as to participate in the championship.
9. The player shall be allowed to participate only in their respective weight category and no jumping in the weight category shall be permitted (actual body weight).
10. Weigh-in shall be conducted one day prior to the day of competition.
11. There shall be at least four competitors in a particular weight category so as to conduct the competition.
12. The time duration for competition shall be as per the WTF rule.
13. Each competition arena should have four corner judges, one center referee, one recorder & one time keeper.
14. The competition shall be conducted on Single Elimination Tournament System.
15. Merit Certificate will be provided to first, second & third positions winners. (Both the semi-finalist will be provided the certificate of Merit and Bronze Medal for the third place).
16. All other participant"s will be provided with the participation certificates.
17. The school Organizing Cluster/Zonal level competition shall take a Group Photo of the teams that have qualified to participate at Zonal/National level competition. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.