



## RULES AND REGULATIONS

### Game : Karate (Girls & Boys)

1. The Championships will be conducted based on the Rules & Regulations of World Karate Federation and Karate Association of India.
2. The competitions will be held in the following three categories U-14, U-17 & U-19 years age.
3. At Cluster Level, only **one player** from each school can participate in each age group and weight category.
4. No change or re-arrangement of contestants will be allowed after the entries are submitted. A contestant who fails to qualify at any stage will be disqualified and no other contestant can be substituted in his/her place.
5. A contestant must fit exactly into his/her weight category and cannot contest in a higher or lower weight category. Each contestant shall be permitted upon the scale only once during the official weigh-in. If the contestant's weight is above or below the prescribed limits of that weight category, he/she shall be disqualified.
6. All matches will be of 02 (two) minutes in case of U14 & U 17 boys and girls, and 3 (three) minutes in case of U19 boys and girls.
7. Any contestant and/or officials who by work, action or deed disturb and/or interrupts the smooth and normal conduct of the Championships will be liable for IMMEDIATE disqualification.
8. The school Organizing Cluster/Zonal level competition shall take a Group Photo of the teams that have qualified to participate at Zonal/National level competition. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.

#### **Weight Categories for under 14 boys :**

Less than 20 Kg, 20-25 kg, 25-30 kg, 30-35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50-55 kg, 55-60 kg and more than 60 Kg

#### **Weight Categories for under 14 Girls:**

Less than 18 Kg, 18-22 kg, 22-24 kg, 24-26 kg, 26-30 kg, 30-34 kg, 34-38 kg, 38-42 kg, 42-46 kg, 46-50 kg and more than 50 kg.

#### **Weight Categories for under 17 Boys:**

Less than 35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50- 54 kg, 54-58 kg, 58-62 kg, 62-66 kg, 66-70kg, 70-74kg, 74-78 kg, 78-82 kg and more than 82 kg.

#### **Weight Categories for under 17 Girls:**

Less than 32 kg, 32-36 kg, 36-40 kg, 40-44 kg, 44-48 kg, 48-52 kg, 52-56 kg, 56-60 kg, 60 -64 kg, 64-68 kg and more than 68 kg.

#### **Weight Categories for under 19 Boys:**

Less than 35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50-54 kg, 54-58 kg, 58-62 kg, 62-66 kg, 66-70kg, 70-74kg, 74-78 kg, 78-82 kg and more than 82 kg.

#### **Weight Categories for under 19 Girls:**

Less than 32 kg, 32-36 kg, 36-40 kg, 40-44 kg, 44-48 kg, 48-52 kg, 52-56 kg, 56-60 kg, 60 -64 kg, 64-68 kg and more than 68 kg.