



RULES AND REGULATIONS

Game : Skating (Boys & Girls)

1. The championship will be held according to the RSFI (9RR) rules & regulations, with modification wherever applicable.
2. The championship will be held in U-14, U-17 & U-19 years age category for boys & girls.
3. From each school only one participant can participate in each event.
4. A skater can take part in maximum two events in her/his age group.
5. A skater can take part either in Quads or in In-line events.
6. From each Zone, in each event, separately in Girls' & Boys' in different age categories, the first & second position winners will qualify to participate in the Nationals.
7. The skater taking part in Quads should wear the skates that should not have heels attached to the shoe & should not be high ankle.

Events of Speed Skating (Quads) – Girls' & Boys'

	Under 14	Under 17	Under 19
Rink Race 1 Time Trial	300 M Speed	300 M Speed	300 M Speed
Rink Race 2	500 M Speed	500 M Speed	500 M Speed
Rink Race 3	1000 M Speed	1000 M Speed	1000 M Speed

Events for In-Line Skating – Girls' & Boys'

	Under 14	Under 17	Under 19
Rink Race 4 Time Trial	300 M Speed	300 M Speed	300 M Speed
Rink Race 5	500 M Speed	500 M Speed	500 M Speed
Rink Race 6	1000 M Speed	1000 M Speed	1000 M Speed

8. The skating costume should be skin tight.
9. Helmet is compulsory.
10. The wheels for speed skating is only to be used which are broader in size.
11. The decision of the technical committee/referee shall be final.
12. Any photograph/video clipping other than from official camera shall not be considered for any reference.
13. No protest will be entertained from parents.
14. Protest if any, has to be submitted in writing by the designated team Coach/Manager, in writing, to the Chief Referee, within 15 min of the announcement of result. The decision of the Jury of Appeal shall be final.
15. The schools Organizing Cluster/Zonal level meet shall take a Group Photo of the teams that have qualified to participate in Zonal / National level meet. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.