



DAV SPORTS RULES AND REGULATIONS 2023-24

Game : Athletics (Boys & Girls)

- The meet shall be conducted according to the rules of Amateur Athletic Federation of India, with required modifications if necessary.
- The championship will be held in U-14, U-17 & U-19 years age category for boys & girls.
- Every school will be entitled to enter only one athlete in each event, except in relay races where a team of maximum five athletes can be entered.
- The various age categories and list of events in which competition will be held:-

Under 14 years		Under 17 years		Under 19 years	
Boys	Girls	Boys	Girls	Boys	Girls
100 M	100 M	100 M	100 M	100 M	100 M
200 M	200 M	200 M	200 M	200 M	200 M
400 M	400 M	400 M	400 M	400 M	400 M
800 M	800 M	800 M	800 M	800 M	800 M
4 x 100 M Relay	4 x 100 M Relay	1500 M	1500 M	1500 M	1500 M
		4 x 100 M Relay	4 x 100 M Relay	4 x 100 M Relay	4 x 100 M Relay
Long Jump	Long Jump	4 x 400 M Relay	4 x 400 M Relay	4 x 400 M Relay	4 x 400 M Relay
		Long Jump	Long Jump	Long Jump	Long Jump
Shot Put 4 Kgs	Shot Put 3 Kgs	High Jump	High Jump	High Jump	High Jump
		Shot Put 5 Kgs	Shot Put 3 Kgs	Shot Put 6 Kgs	Shot Put 4 Kgs
		Discus Throw 1.5 Kgs	Discus Throw 1 Kg	Discus Throw 1.75 Kgs	Discus Throw 1 Kg

NOTE: Weight of all the equipments shall be carefully checked before hand and signed by the Organizing secretary.

- An athlete can participate in maximum two individual events and in relay.
- On the spot entry/changes will not be permitted.
- The athletes winning first & second position at Cluster/Zonal level shall qualify to take part in Zonal / National level Athletic Meet. However, in relays, only the first position winning team from each Cluster will be allowed to participate in Zonal / Nationals.
- Immediately after the Cluster level meets, the Organizing School shall send the list of athletes qualified, with their school name and complete postal address to the Zonal / National Meet Organizing School.
- In relays, only a single school team will be allowed to participate.
- The Overall Championship separately in boys and girls sections in all the age groups may be decided. The points shall be awarded according to the following system:-

Position	Individual Events	Team Events (Relays)
1 st Place	07	14
2 nd Place	05	10
3 rd Place	04	08
4 th Place	03	06
5 th Place	02	04

- The Merit Certificates shall be awarded only up to 3rd position. However, participation Certificates will be awarded to all those who actually take part in Cluster/National level as the case may be.
- A prize may be given to the school scoring total maximum points (total points in all the age groups in Boys" & Girls" categories) and may be declared as over-all Champion.
- The schools Organizing Cluster/Zonal level meet shall take a Group Photo of the teams that have qualified to participate in Zonal / National level meet. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.