# DAV SPORTS (For I Roads to Rings)





Padma Shree Awardee

#### Dr. Punam Suri Ji

President, DAVCMC, New Delhi

#### "One Spirit, Limitless Power"

DAV Reals to Rings is a journey from schoolyards to dreams etched in Olympic gold. Here, sport transcends play, becoming a place where character is built and the will to rise is shaped.

True sport is not just a contest of physical strength; it is the anvil upon which spirit is forged, the battlefield where resilience is tested, and the stage where character shows in silence and sweat. Like life, the arena demands steady resolve, where glory favors not just the gifted, but the gritty. At DAV, sport is more than a pursuit; it teaches our youth the art of rising, the grace of falling, and the power of walking together toward greatness.

The DAV National Sports Meet was a grand epic, written with effort, unity, and will. Across 22 states and 18 zones, youthful energy filled the fields, not to chase medals, but to embody DAV's soul. Every sprint, leap, and cheer was a sentence in our story, a punctuation of pride, and an echo of shared passion.

Our vision soars like an arrow drawn with purpose. We see DAVians not just competing in Commonwealth, Asian, and Olympic Games, but becoming symbols of excellence and poise. This journey begins on school grounds, where love for the game turns hobby into heritage. Coaches sculpt potential into power, fire into form.

DAV's legacy is immortal—a legacy of sustained success, built with discipline and perseverance.

May the torch we carry light playgrounds, podiums, and beyond. Within every DAVian burns a quiet fire: to rise with honour, lead with humility, and endure with glory for —

"Endurance crafts a legacy beyond time." DAV JAI JAI!!





Olympian Mr. Ashok Dhyanchand, the proud heir of the legendary, Major Dhyanchand & Veteran Athlete Ms. Shiny Wilson being felicitated on the occasion of DAV National Sports by the Hon'ble Chief Guest, Dr. Punam Suri Ji, President DAVCMC, New Delhi

### DAV NATIONAL SPORTS '24 ~ Opening Ceremony

of DAV National Sports '24 was organized on 2nd Dec, 2024 at Major Dhyan Chand National Stadium, Delhi

"Let the drums roll and the flags rise—for this is not just sport, it is the unfolding of legacy."

The spectacular opening ceremony commenced with the hoisting of the DAV flag, symbolising the legacy and collective pride of the DAV fraternity. This was followed by the vibrant DAV Mart, a colourful representation of cultural harmony across DAV institutions. The ceremonial torch was lit by the champions of DAV National Sports '23, symbolising the passing on of glory and determination. A solemn oath of integrity and fair play was taken by all participants.



The event was formally declared open by the Chief Guest of the Opening Ceremony Padma Shri Awardee Dr. Punam Suri, President, DAV College Managing Committee, New Delhi.









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A key highlight of the inaugural function was the felicitation of six distinguished iconic Olympians whose achievements continue to inspire generations of DAVians. The honoured guests included Mr. Ashok Dhyanchand, former captain of the Indian Hockey Team; Ms. Simran Sharma and Ms. Preeti Pal, both bronze medalist at the 2024 Paris Paralympics; Ms. Shiny Wilson, Asian champion in the 800 m track event; Mr. Cherian Wilson, former international swimmer and Arjuna Awardee; Mr. Sundar Singh Gurjar, Paralympic bronze medalist in Javelin throw; Olympian Romeo James and Free style wrestler Divya Kakran. Their presence at both the opening and closing ceremonies served as a living legacy of dedication, excellence and national pride.



#### "A Nation of Champions: 9 Venues, 20,000 Dreams, 1 Unbreakable Spirit"



#### **SPORTING VISTAS: FRAMES OF FOCUS AND FORTITUDE**

















#### MEDAL TALLY AT DAV NATIONAL SPORTS '24 (FOR GIRLS)

S.No	State	Total Participation	Gold			Silver				Bronze				
5.10	State	Total Farticipation	U14	U17	U19	Total	U14	U17	U19	Total	U14	U17	U19	Total
1	Andhra Pradesh and Karnataka	163	0	12	0	12	12	0	0	12	0	1	0	1
2	Bihar and Sikkim	598	21	28	44	93	5	8	18	31	42	4	19	65
3	Chandigarh	146	1	0	6	7	0	1	0	1	2	0	13	15
4	Chattisgarh	382	14	3	0	17	16	13	14	43	5	42	0	47
5	Delhi	773	40	77	30	147	38	98	21	157	21	58	34	113
6	Gujarat and Maharashtra	253	38	12	43	93	37	6	4	47	10	21	7	38
7	Haryana	949	50	139	40	229	65	86	61	212	53	27	59	139
8	Himachal Pradesh	559	13	18	13	44	19	19	24	62	36	32	24	92
9	J and K	118	0	0	0	0	0	1	0	1	2	0	0	2
10	Jharkhand	916	37	44	57	138	19	39	33	91	64	38	40	142
11	M.P.	287	0	0	1	1	1	0	1	2	2	1	1	4
12	Odisha	322	16	21	0	37	13	6	4	23	17	10	5	32
13	Punjab	939	70	40	143	253	57	93	92	242	35	59	47	141
14	Rajasthan	356	3	10	3	16	4	26	5	35	0	3	10	13
15	Telangana and Tamilnadu	219	8	2	0	10	15	2	1	18	4	11	0	15
16	Uttar Pradesh	590	42	67	56	165	28	29	58	115	16	63	18	97
17	Uttrakhand	378	15	3	6	24	2	0	13	15	4	6	13	23
18	West Bengal and Manipur	319	5	7	18	30	21	51	29	101	10	37	30	77
	TOTAL		373	483	460	1316	352	478	378	1208	323	413	320	1056

#### MEDAL TALLY AT DAV NATIONAL SPORTS '24 (FOR BOYS)

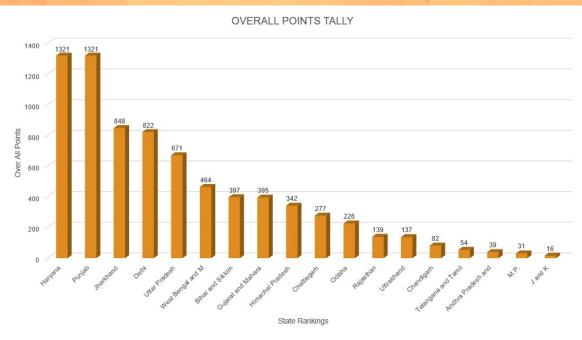
S.No	State	T-4-1 D4'-i4'		Gold			Silver				Bronze			
5.100	State	Total Participation	U14	U17	U19	Total	U14	U17	U19	Total	U14	U17	U19	Total
1	Andhra Pradesh and Karnataka	218	0	0	0	0	0	13	0	13	0	0	0	0
2	Bihar and Sikkim	719	24	42	8	74	31	14	7	52	22	43	15	80
3	Chandigarh	306	7	22	3	32	0	0	15	15	10	1	0	11
4	Chattisgarh	557	16	1	86	103	0	31	6	37	2	4	16	22
5	Delhi	955	23	76	33	132	38	100	22	160	13	25	54	92
6	Gujarat and Maharashtra	325	21	2	0	23	24	32	0	56	44	34	17	95
7	Haryana	1187	106	117	146	369	49	71	49	169	62	103	105	270
8	Himachal Pradesh	731	2	20	23	45	9	9	38	56	21	9	4	34
9	J and K	215	0	2	0	2	2	1	8	11	0	0	0	0
10	Jharkhand	1131	36	52	24	112	77	14	70	161	50	74	62	186
11	M.P.	440	0	0	1	1	0	1	0	1	0	8	12	20
12	Odisha	548	10	22	11	43	9	25	16	50	14	11	6	31
13	Punjab	1098	86	98	121	305	62	25	145	232	11	58	75	144
14	Rajasthan	522	13	18	6	37	5	2	4	11	5	12	6	23
15	Telangana and Tamilnadu	249	1	0	0	1	0	2	0	2	0	3	0	3
16	Uttar Pradesh	727	6	1	14	21	46	78	31	155	57	8	35	100
17	Uttrakhand	577	18	3	4	25	7	9	19	35	11	2	6	19
18	West Bengal and Manipur	449	18	6	17	41	20	39	51	110	24	42	28	94
TOTAL 10954		387	482	497	1366	379	466	481	1326	346	437	441	1224	

Boys: 10954

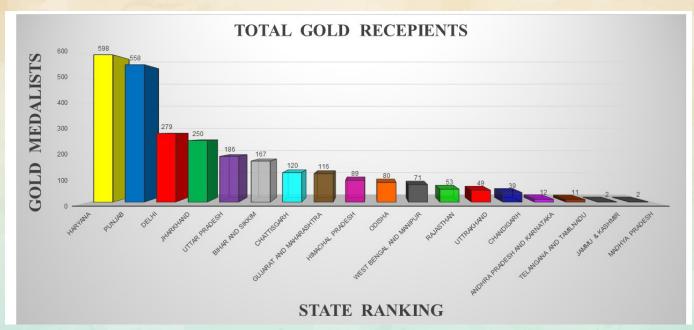
**Total Participation - 19221** 

Girls: 8267

#### **CHAMPIONS OF DAV NATIONAL SPORTS '24**



#### **GOLD MEDALISTS DAV NATIONAL SPORTS '24**



#### **CHAMPIONSHIP AT DAV NATIONAL SPORTS '24**



Winners 1321 Points 598 Gold Medals

1st Runners-up 1321 Points 598 Gold Medals

2nd Runners-up 848 Points 250 Gold Medals

#### **CELEBRATING SPORTSMANSHIP...**

The DAV National Sports Meet ended in a thrilling close contest between Haryana and Punjab, with Haryana emerging as the Overall Champion by securing the most top honours. A total of 7,582 medals were awarded, with gold medals leading the count, followed by silver and bronze—reflecting the dedication and effort of all participants. More than a competition, the event was a celebration of perseverance, unity, and the true spirit of DAVians nationwide.













#### LIST OF GAMES & SPORTS EVENTS

U-14, 17 & 19 (Boys / Girls) Categories



S.N.	Sports& GamesEvents
11	Judo
12	Yoga
13	Gymnastics
14	RollerSkating
15	LawnTennis
16	Archery
17	ShootingAirRifle& Pistol)
18	Swimming
19	Athletics
20	Chess
	Carlot Carlot

۱	S.N.	Sport& Gam elsvents
	21	Boxing
	22	Taekwondo
4	23	Karate
	24	Wrestling
	25	Wushu
	26	SkippinPgope
	27	Squash
	28	Netball
1	29	Weighltfting
	30	Aerobics
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## LIST OF STATE SPORTS COORDINATORS & CLUSTER INCHARGES DAV NATIONAL SPORTS '25

S. No.	State	State Coordinator	Cluster(s)	Cluster In-charge with Contact No.
01	J & K	Mr. Vipin Kumar Sharma, Principal	Cluster-I	Mr. Vipin Kumar Sharma,
				Principal
02	Rajasthan	Sh A K Sharma, Principal	Cluster-I	Mr. Navneet Thakur, Principal
			Cluster-II	Mrs. Pallavi Arora, Principal
03	Telangana	Mr. VNNK Seshadri, Principal	Cluster-I	Smt. K Anandavalli, Principal
	+ Tamilnadu		Cluster-II	Mr. V.N.N.K. Seshadri, Principal
			Cluster-III	Mr. TVN Siva Kumar, Principal
04	Andhra	Mr. Vijay Kumara G, Principal	Cluster-I	Mr. Vijay Kumara G., Principal
	Pradesh, + Karnataka		Cluster-II	Mr. D. Manmohan, Principal
05	Haryana	Mrs. Aparna Erry, Principal	Cluster-I	Mr. V.K. Mittal, Principal
			Cluster-II	Mrs. Sunia Madan, Principal
			Cluster-III	Ms. Anju Talwar, Principal
			Cluster-IV	Mrs. Charu Maini, Principal
			Cluster-V	Mrs. Deepti Jagota, Principal
			Cluster-VI	Mrs. Jaya Bhardwaj, Principal
			Cluster VII	Mrs Neeru Arora ,Principal
06	Uttrakhand	Mr. Manoj K. Kapil, Principal	Cluster-I	Mr. Manoj Kumar Kapil, Principal
			Cluster -II	Mr Amit Joshi, Principal
07	Uttar	Dr. Alpna Sharma, Regional Officer	Cluster-I	Mr. AS Saraswat, Principal
	Pradesh		Cluster-II	Dr. D.K. Mishra, Principal
			Cluster-III	Mr. Ankur Bhatia, Principal
	İ		Cluster-IV	Mrs Sandhya Pandey, Principal
			Cluster-V	Shri Jagdeesh Singh, Principal
			Cluster -VI	Mrs. Aparna Jain Headmistress
			Cluster -VII	Mrs. Upasana Sharma, Principal
08	Chattisgarh	Mr. Prashant Kumar, Principal	Cluster-I	Mr. B.P. Sahu, Principal
			Cluster-II	Dr. Chetna Sharma, Principal
			Cluster-III	Mr. S.K. Pandey, Headmaster
			Cluster-IV	Mrs. Raj Rekha Shukla, Principal
			Cluster-V	Mr. K.N. Mishra, Principal
			Cluster-VI	Dr. Kameshwar Rao, Principal
09	Himachal	Mr. K.S. Guleria, Principal	Cluster-I	Mr. Rakesh Chandel, Principal
	Pradesh		Cluster-II	Mr. Sanjeev Thakur Principal
			Cluster-III	Mr. R.S. Rana, Principal
			Cluster-III	Mrs. Rashmi Jamwal, Principal
			Cluster-IV	Mr. Surjeet Rana, Principal
			Cluster-V	Mrs. Mukta Chauhan, Principal
			Cluster- VII	Mr. Namit Sharma, Principal
			Cluster-VIII	Mrs. Masooma Singha, Principal

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S. No.	State	State Coordinator	Cluster(s)	Cluster In-charge with Contact No.			
10	Jharkhand	Mr. M.K. Sinha, Principal	Cluster-I	Mrs. Pragya Singh, Principal			
		, ,	Cluster-II	Mr. S.K. Mishra, Principal			
			Cluster-III	Mr. Bipin Rai, Principal			
			Cluster-IV	Sh S K Sharma, Principal			
			Cluster-V	Dr. G.N. Khan, Principal			
			Cluster-VI	Mr. Sanjit Kumar Mishra,			
				Principal			
			Cluster-VII	Mr. Balram Jha, Principal			
			Cluster-VIII	Mr. N.N. Srivastava, Principal			
11	Punjab	Mrs. J.K. Siddhu, Principal	Cluster-I	Dr. Rashmi Vij, Principal			
			Cluster-II	Mr. Yogesh Gambhir, Principal			
			Cluster-III	Mrs. Ritu Bhatnagar, Principal			
			Cluster-IV	Mrs. Anjana Gupta, Principal			
			Cluster V	Mr. Anup Chauhan, Principal			
			Cluster-VI	Mr. Vivek Tiwari, Principal			
			Cluster-VII	Ms. Sandeep Renu, Principal			
			Cluster-VIII	Mr. Vikas Prashar, Principal			
			Cluster-IX	M. Pritam Dass, Principal			
			Cluster-X	Mrs. Mamta Dogra, Principal			
12	Delhi	Mrs. Hemal Handoo Bhat, Principal	Cluster-I	Mrs. Anupama Sinha, Principal			
			Cluster-II	Mrs. Shalini Arora, Principal			
			Cluster-III	Mrs. Archana Koul, Principal			
			Cluster-IV	Sh Neeraj Kumar ,Principal			
13	Chandigarh	Mrs. Anuja Sharma, Principal	Cluster-I	Mrs. Anuja Sharma, Principal			
14	Bihar +	Mr. R. Roy, Principal	Cluster-I	Mr. S.K. Jha, Principal			
	Sikkim		Cluster-II	Ms. Anjali, Principal			
			Cluster-III	Mrs. Sabita, Principal			
			Cluster-IV	Mr. Anil Kumar, Principal			
			Cluster-V	Mr. V. Anand, Principal			
			Cluster-VI	Mrs. Shanti Singh, Principal			
15	M.P	Mr. S.K. Sinha, Principal	Cluster -I	Mr. A.K. Mishra, Principal			
			Cluster II	Mr. A. Srivastava, Principal			
16	Gujarat &	Mrs. Simi Juneja, Principal	Cluster-I	Mrs. Seema Maindiratta, Principal			
	Maharashtra		Cluster-II	Mrs. Hema Nair ,Principal			
			Cluster-III	Mr. J.D. Pawar, Principal			
17	Odisha	Ms. Ipsita Das, Principal	Cluster-I	Mr. Bipin Kumar Sahoo, Principal			
			Cluster-II	Mr. Rajendra Kumar			
				Bedbak, Principal			
			Cluster-III	Mr. L.K. Debta, Principal			
18	West Bengal	Ms. Papiya Mukherjee, Principal	Cluster-I	Mr. Jayanta Biswas, Principal			
	+ Manipur		Cluster-II	Mr. N.K. Gautam, Principal			

#### INTERNATIONAL YOGA DAY CELEBRATED ACROSS DAV INSTITUTIONS

"When the body is steady, the mind is calm; and when the mind is calm, the world is at peace."

With unwavering enthusiasm and a shared commitment to physical and mental well-being, over **900 DAV Institutions & 108831 Students** across India came together to celebrate 'International Yoga Day' on 21 June, 2024 echoing the spirit of the 'Fit India Movement' initiated by the Ministry of Youth Affairs and Sports, Government of India.

In a powerful demonstration of unity and discipline, more than one lakh students performed yoga at their respective school venues. Their active participation not only reflected the ethos of holistic health but also reaffirmed DAV's dedication to nurturing balanced and mindful individuals. Each participating student was felicitated with a Certificate of Participation, proudly awarded by their institutions to honour their contribution to this national movement.













#### RUN FOR DAV ~ MY CITY MY RUN

Under DAV's banner and the vision of **Healthy Youth, Healthy India, RUN FOR DAV** ~ **MY CITY MY RUN** brought together **approx 31073 runners** across the nation on **2nd October 2024.** From Half Marathons to Mini Marathons and Run for Fun, participants demonstrated their commitment to health and vitality, turning the nation's streets into pathways of hope and strength.

This inspiring initiative stands as a testament to DAV's unwavering commitment to shaping well-rounded individuals—champions of mind, body, and spirit—ready to lead India's tomorrow with courage, unity, and enduring strength.













## "Gratitude is the laurel that crowns not just the victor, but every unseen hand that shapes the victory"

deepest gratitude to the Principals, State Coordinators, Cluster In-charges, coaches, managers, escorts, parents and volunteers, the quiet architects behind this magnificent symphony of purpose, perseverance, and pride.

With the release of the First Edition of DAV Roots to Rings, we celebrate not only moments on the field, but the energy behind them. At the heart of this momentum stands the unwavering presence of Dr. Punam Suri Ji, Honourable President, DAVCMC, the luminous flame that ignites each step and sustains every cheer. His steadfast guidance and inspiring presence are the moral compass and motivational force that elevate this event into a celebration of DAV's deepest values.

We were privileged to be joined by Olympians & Paralympians, whose remarkable lives echo the spirit of sportsmanship, grit, grace, and unyielding determination.

Sport, like an ever-rising sun, does more than illuminate, it awakens resolve, dispels doubt, and casts shadows of inspiration. It gives voice to silent effort, turns setbacks into stepping stones, and teaches that honour lies not merely in outcome, but in the integrity of effort.

In just two years, a quiet revolution has stirred across DAV institutions. What was once a co-curricular footnote has become a defining strand in holistic education. The ascent, from playgrounds to podiums, school fields to national platforms, now points toward an international horizon.

This journey was never merely about medals or records; it was about igniting will, tempering spirit, and shaping character.

Let us move ahead, not merely with strategy, but with soul, knowing we are building torchlighters of tomorrow's ideals.



Dr. V. Singh
Director (PS) &
Convener - DAV Sports

#### Total No. of Participation in DAV NATIONAL SPORTS '24

Cluster Level
129451

State Level
73224

National Level
19221

The track ends, but the trail of impact runs forever......